Housing and Homelessness Support

Connection Support

www.connectionsupport.org.uk/oxfordshire

01865 711267 Providing support with homelessness, housing, mental health, independent living, family support, young people and refugee resettlement.

Better Housing Better Health

0800 107 0044 www.bhbh.org.uk Support and financial assistance for heating homes.

Sanctuary Housing

Housing Association providing housing and care www.sanctuary.co.uk/interactive-support-map

BYHP -because young people matter

Working with young people 13 to 25 and their families. Providing support to those at risk of NEET (Not in Education, Employment or Training), experiencing relationship breakdown, mental health and therapeutic needs or affected by homelessness www.byhp.org.uk

Other Support

Renew Wellbeing centres: where it's ok not to be ok!
Renew Bloxham: Tues 1.30-4pm Baptist Chapel,
Hawke Lane, Bloxham, OX15 4PY

The Dovecote Café: Kidlington Baptist Church, High
Street, Kidlington OX5 2DS. 01865 374983
Sundays 3-5pm and Thursdays 10am-12pm
Café 103 Bicester: 1-4pm Tues/Thurs, Bicester
Methodist Church, Sheep Street, OX26 6JQ.
cathy.bishop@orchardbaptistchurch.org

Other Support

Oxfordshire County Council Family

Information Directory <u>fisd.oxfordshire.gov.uk</u>
Support for families including local activities, schools' advice, disability advice and holiday play schemes.

Domestic Abuse Support Services

DV assist: 0800 195 8699 women, 0808 801 0327 men, 0800 999 5428 LGBT, National DA helpline: 0808 200 0247 (24/7) Oxfordshire DA helpline: 0800 731 0055 (10am-7pm) or 999 in an emergency.

Oxfordshire Sexual Health Service

www.sexualhealthoxfordshire.nhs.uk 01865 231231 (or Banbury clinic: 01865 904500) Provide contraception, STI testing, HIV care and prevention and pregnancy support.

Adapt Oxford

www.adaptoxford.org.uk 07786 557104
Support, therapy, counselling and supported living for recovering addicts.

Age UK Oxfordshire

www.ageuk.org.uk/oxfordshire 0345 450 1276 Offer support for older people.

Cleanslate

Support for victims of sexual, physical, mental and emotional abuse throughout Oxfordshire 01869 232461 www.cleanslate.org.uk

Restore

Oxfordshire charity which supports with mental health issues. www.restore.org.uk 0845 2500518

Samaritans 01295 270000 or freecall 116 123 Childline 0800 1111

SUPPORT SERV**9**CES

Cherwell District –

Contacts for help including food, housing and employment support, benefits, health, general advice and community support



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Community Activities and Support Groups

Oxfordshire County Council Services

<u>livewell.oxfordshire.gov.uk/</u> for community, health and wellbeing support. Or call Community Links Oxfordshire (managed by Age UK Oxfordshire) 01235 849410

Carers Support

<u>www.carersoxfordshire.org.uk</u> Free information, advice and support for carers. 01235 424715

Harvest @ Home

www.cherwellcollective.com/about-us/harvest-home/ Community action group supporting people to learn the skills to grow their own food at home and in the community.

Volunteer Connect

https://oxonvolunteers.org/index-classic
Find local volunteering opportunities. 0300 3030 126

The Hill Community Centre, Banbury

A community centre with clubs for all ages. For timetable and updates see website thehillbanbury.com or Facebook or contact: 01295 981176

Sunrise Multicultural Project, Banbury

https://sunrisemulticultural.org.uk/ 01295 701728 Opportunities for ethnic minority, single parent, low income families to socialise in a range of activities.

Home-Start Banbury and Bicester https://homestartbanbury.org.uk/ emotional and practical support to parents with at least one child under five years old.

The Sunshine Centre, Banbury

sunshinecentre.org 01295 276769

A hub of family and childcare support services, including baby and toddler groups.

Food Support

Food Access Map

https://www.gfo.org.uk/foodsupport/community-food-services-map/ Information on local food services or further details of more food support can be found in CDC Food Support Service leaflet or online https://www.cherwell.gov.uk/info/118/communities/9 77/cost-of-living-support

Trussell Food Banks

01865 670569 Trussell helpline or contact <u>banbury.foodbank.org.uk</u>, or Bicester 01869 245036 <u>bicester.foodbank.org.uk</u>, Free, requires a referral from Citizens Advice, housing workers, social workers or health centre.

North Oxfordshire Community Food Bank 07929 721172

www.northoxfordshirecommunityfoodbank.org.uk Free, requires a referral from Citizens Advice, housing workers, social workers or health centre.

General Advice

Citizens Advice

0808 278 7906 www.canosn.org.uk Cherwell -free advice on debt, benefits, housing, immigration, asylum, employment etc

0808 278 7909 <u>www.citizensadviceoxford.org.uk</u> Oxfordshire -Free advice and support as above.

Banburyshire Advice Centre

www.banburyshirecitizenproject.org.uk 01295 279988 or email:helpdeskbancp@yahoo.com Free advice on education and benefits and support for carers (Banbury area only)

Economic Support

Jobcentre Plus Oxford

0800 169 0190 or 0800 055 6688

Free help finding employment and economic support including Universal Credit.

Oxfordshire Welfare Rights Barton Advice Centre 01865 744165 www.oxfordshirewelfarerights.com Provide general support and benefits' advice.

Oxfordshire Mind

www.oxmindguide.org.uk/directory/
Provide support including benefits, mental health, minority community support and support for carers. 01865 247788

Financial Support

www.turn2us.org.uk/

Support for benefits and grant applications, and find local advice centres.

Christians Against Poverty

https://capuk.org/ 0800 328 0006 Free advice and support on debt.

Cherwell District Council

www.cherwell.gov.uk 01295 227001

Provide free advice, emergency support, grant information, benefits support, housing support. Referrals to other agencies.

The Banbury Larder Job Club

Tuesdays, 3-4 pm Marlborough Road Methodist Church, Banbury OX16 5BZ Contact: 07946 624222 / 07862 779494